



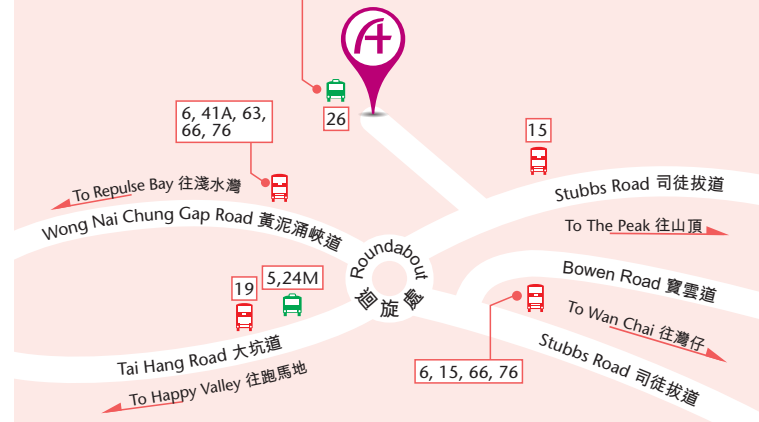
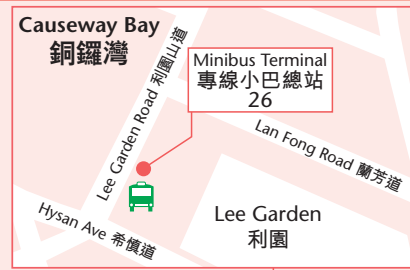
Adventist 港
Health 安

Hong Kong Adventist Hospital • Stubbs Road
香港港安醫院 • 司徒拔道

Chest Pain Clinic 胸痛急診中心



Map 路線圖



Hong Kong Adventist Hospital – Stubbs Road
香港港安醫院—司徒拔道

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Service Information
服務詳情



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2021/07 Revised 修訂

Extending the Healing Ministry of Christ
延續基督的醫治大能

About Rapid Access Chest Pain Clinic 關於胸痛急診中心

- + Services hours: Monday – Sunday 24 hours
- + 服務時間：星期一至日24小時



Chest Pain Clinic

4 Current Situation 現況

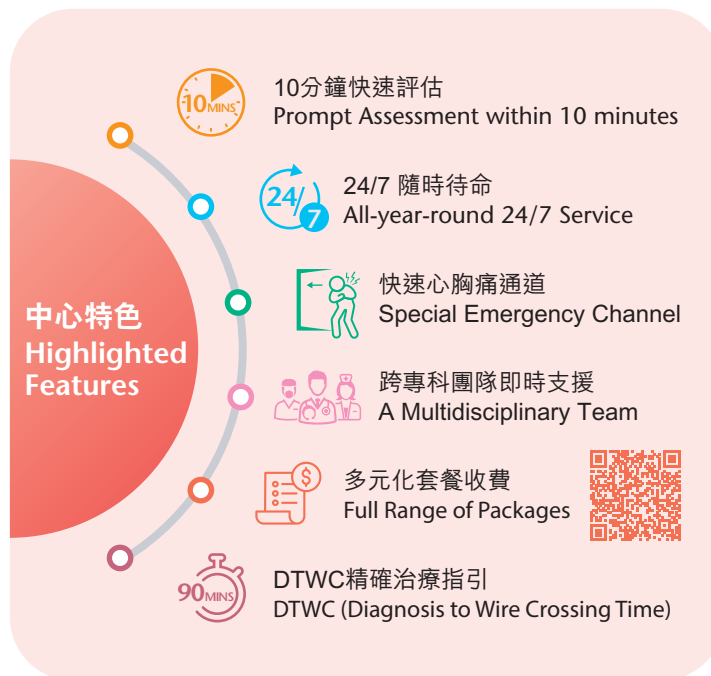
According to the statistics from the Department of Health, there were **10.6** cases of daily death from coronary heart disease in 2017. Between 2008 and 2017, over **30,000** patients died because of coronary heart disease. While chest pain is common, sudden death caused by coronary heart disease often does not show many symptoms. In light of this, our hospital's Rapid Access Chest Pain Clinic is dedicated to help provide a one-stop solution to acute cardiac problems.

衛生署資料顯示，2017年平均每天有**10.6**人死於冠心病，在2008至2017年期間，超過**30,000**名住院病人因冠心病而死亡。胸口發痛有機會與冠心病有關，猝死的人大多全無先兆，防不勝防，本院心胸痛急診中心則能為你解決燃眉之急。

4 Introduction 簡介

Our medical professionals at the Rapid Access Chest Pain Clinic strive to provide comprehensive, quick and accurate heart disease risk assessment, diagnosis, and emergency treatments for patients who experience acute chest pain from causes such as acute myocardial infarction, angina, and pulmonary embolism the first time.

心胸痛急診中心為初次出現急性心肌梗塞、心絞痛、肺栓塞等急性胸口痛患者提供全方位、快速而準確的心臟風險評估、診斷及緊急治療，即時找出病因，把握救心黃金時間。



4 High Risk Group 高危人士

- + Older age (between 40 and 60 years)
- + High blood pressure
- + Smoking
- + Obesity, especially central obesity
- + Unhealthy cholesterol levels
- + Diabetes
- + Physical inactivity
- + 中年人士 (40至60歲)
- + 高血壓
- + 吸煙
- + 肥胖，特別是腰部位置 (中央肥胖)
- + 高膽固醇
- + 患有糖尿病
- + 體能活動不足

4 Symptoms 症狀

Different people may have different sensations when it comes to chest pain. It all depends on what's triggering the symptom. If you experience new or unexplainable chest pain or you suspect that you are having a heart attack, seek emergency medical help immediately.

- + Chest pressure, fullness or tightness
- + Burning or searing back, neck, shoulder or arm pain
- + Pain with irregularity – lasts for a few minutes, worsens with activity, or varies in intensity
- + Shortness of breath
- + Cold sweats
- + Dizziness or weakness
- + Nausea or vomiting

Heartburn is known for its classic symptom of painful, burning sensation behind the breastbone. This symptom can in fact be caused by the heart or the stomach.

不同人對於胸口痛有不同的感覺，分別在於導致胸口痛背後的原因。如感到無法解釋的胸口痛，或懷疑自己心臟病發時，請立即尋求醫療協助。

- + 感到胸悶，或胸口感到擠壓性或壓迫性的疼痛
- + 背部、頸部、肩膀或手臂感到灼熱的痛楚
- + 不規則的痛楚—痛楚只維持數分鐘、會因所進行的活動而加劇或痛楚程度每次不一樣
- + 呼吸急促
- + 出冷汗
- + 頭暈或感到虛弱
- + 噁心或嘔吐

值得注意的是，胃灼熱「火燒心」的症狀其實可因心臟疾病或腸胃問題所致。