



Cardiac Assessment Managed by Hospital Designated Specialists

4 Items		Screening Heart	Healthy Heart	Strong Heart	Smart Heart
1. Detailed Medical History and Physical Examination by Specialist		✓	✓	✓	✓
2. Managed by Nurse:					
+ Blood pressure test		✓	✓	✓	✓
+ Body mass index (BMI) measurement and analysis		✓	✓	✓	✓
+ Waist circumference measurement		✓	✓	✓	✓
3. Exercise Stress Test (treadmill test)		✓	✓	✓	✓
4. Electrocardiogram (ECG)		✓	✓	✓	✓
5. Echocardiogram					✓
6. Diagnostic Imaging:					
+ Chest x-ray			✓	✓	✓
+ Ultrasound measurement of carotid intima media thickness (CIMT)				✓	
7. Laboratory Tests Include:					
+ Complete blood count			✓	✓	✓
+ Cardiovascular disease risk / CVD risk	Apolipoprotein A and B, lipoprotein A			✓	
	C-reactive protein (CRP)			✓	✓
+ Diabetic screening	Fasting blood glucose		✓	✓	✓
+ Electrolytes	Chloride, potassium, and sodium		✓	✓	✓
+ Lipid profile	Total cholesterol, HDL and LDL cholesterol, triglycerides, and TL / HDL – C ratio		✓	✓	✓
+ Liver function	Total bilirubin, SGOT (AST), SGPT (ALT), and alkaline phosphatase (ALP)			✓	✓
+ Protein	Total protein, albumin, globulin, and A/G ratio			✓	✓
+ Renal function	Creatinine and urea nitrogen (BUN)		✓	✓	✓
+ Thyroid function	TSH, T4			✓	✓
+ Urine routine examination			✓	✓	✓
8. Explanation of the Report and Personalized Recommendation(s) by Specialist		✓	✓	✓	✓
Package Special Price(s)(HK\$)		\$4,352	\$6,300	\$10,530	\$10,530