

EMSELLA CHAIR

Adventist 港
Health 安
Hong Kong Adventist Hospital • Stubbs Road
香港港安醫院 • 司徒拔道



Enhance your quality of life and improve intimate relationships



Sitting for **28 minutes**,
equals **12,000** pelvic floor
muscle exercises



**High-Intensity Focused
Electromagnetic Technology
(HIFEM)**



**Non-invasive and painless,
suitable for both men and women**



**Stimulates pelvic
floor muscles located
10cm deep inside the body**

Benefits



Improves urinary
incontinence



Assists postpartum
recovery and reshaping



Strengthens pelvic
floor muscles



Tightens
intimate areas



 **Appointment & Enquiries
(852) 2835 0558**

Extending the Healing Ministry of Christ
延續基督的醫治大能