

# Prepared Childbirth Intensive Class - 2023

**Time :** 6:30 – 9:30 pm

**Venue :** OB Unit,6/F, Hong Kong Adventist Hospital, 40 Stubbs Road, Hong Kong

**Charges:** HK \$1,200 for Couple (for delivery at HKAH)  
HK \$1,500 for Couple (for not delivery at HKAH)

**Cheque payable to:** Hong Kong Adventist Hospital – Stubbs Road  
(Post to: 40 Stubbs Road, Hong Kong Adventist Hospital, 6/F, OB Unit)  
*\* The back of the cheque, please write down: 1) Name 2) Contact No. 3) Attending date*

**Contents:** Vaginal Delivery + C/S Delivery + Infant Care and breastfeeding

| Month | English Class      | Cantonese Class   |
|-------|--------------------|-------------------|
| Jan   | 9 Jan 2023 (Mon)   |                   |
| Feb   |                    | 13 Feb 2023 (Mon) |
| Mar   | 13 Mar 2023 (Mon)  |                   |
| Apr   |                    | 10 Apr 2023 (Mon) |
| May   | 8 May 2023 (Mon)   |                   |
| Jun   |                    | 12 Jun 2023 (Mon) |
| Jul   | 10 July 2023 (Mon) |                   |
| Aug   |                    | 14 Aug 2023 (Mon) |
| Sep   | 11 Sept 2023 (Mon) |                   |
| Oct   |                    | 9 Oct 2023 (Mon)  |
| Nov   | 13 Nov 2023 (Mon)  |                   |
| Dec   |                    | 11 Dec 2023 (Mon) |