

Patient Information Sheet on Deep Throat Saliva Collection



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Time of specimen collection: After getting up and before brushing teeth, eating or drinking

Steps:



1. Prepare the items, including one specimen bottle and two specimen bags provided by AED / GOPC, and tissue



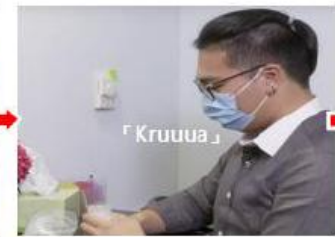
2. Perform hand hygiene with soap and water / alcohol-based hand rub



3. Check whether the personal details printed on the specimen bottle are correct



4. Open the specimen bottle and specimen bags



5. Make the noise of "Kruuuua" from the throat to clear saliva from deep throat



6. Take off the surgical mask and spit saliva into the bottle
(repeat the previous step if the saliva volume is too little)



7. Put on surgical mask



8. Close the lid of specimen bottle tightly to **ensure no leakage of saliva**



9. Clean the bottle surface with tissue



10. Put the bottle into specimen bag and then the 2nd bag. Keep the bottle upright all the time. Clean hands afterwards.

收集深喉唾液樣本病人須知



掃描二維碼觀看教學影片

採集樣本時間：於起床後，刷牙漱口、飲食前

程序：



1. 預備以下急症室/門診所提供的物品：一個樣本瓶、兩個樣本袋、紙巾



2. 以肥皂及清水洗手或以酒精搓手液潔手



3. 檢查樣本瓶上的個人資料是否正確



4. 打開樣本袋及樣本瓶蓋



5. 於喉嚨發出「Kruuuu」的聲音以清出自咽喉的唾液



6. 除下外科口罩，將唾液吐入樣本瓶內，避免唾液沾到樣本瓶外面。
(如量太少，重覆以上步驟)



7. 戴上外科口罩



8. 蓋好及扭緊樣本瓶蓋，確保沒有滲漏



9. 用紙巾抹乾淨樣本瓶表面



10. 將樣本瓶放入樣本袋內，確保瓶身直立沒有滲漏，並以肥皂及清水洗手或以酒精搓手液潔手