



Executive Physical Examination

1. Detailed Medical History and Physical Examination by Doctor	
2. Blood Pressure	
3. Body Mass Index (BMI)	
4. Visual Acuity by Nurse	
5. Exercise Stress Test (Treadmill) with Electrocardiogram (ECG)	
6. Pulmonary (Lung) Function Test	
7. Pap Smear (Female Only)	
8. Uroflowmetry (male Only)	
9. Diagnostic Imaging	Chest X-Ray, Whole Abdominal (Gall bladder, Liver, Kidney, Pancreas, Spleen, Pelvis) Ultrasound, 2D Mammogram (Female Only), Breast Ultrasound (Female Only)
10. Health Screening Laboratory Tests Include:	
+ Complete Blood Count	
+ ESR	
+ Renal Function	Creatinine, Urea Nitrogen (BUN)
+ Electrolytes	Sodium, Potassium, Chloride, Phosphorus, Calcium, Iron
+ Liver Function	Total Bilirubin, Direct Bilirubin, Indirect Bilirubin, SGOT (AST), SGPT (ALT), Alkaline Phosphatase (ALP), GGTP
+ Hepatitis B Screening	Antigen, Antibody
+ Protein	Total Protein, Albumin, Globulin, A/G Ratio
+ Thyroid Function	TSH
+ Lipid Profile	Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides, TL/HDL-C Ratio
+ Diabetes Screening	Fasting Blood Glucose
+ Gout Screening	Uric Acid
+ Tumor Markers	Liver Cancer (AFP) Prostate Cancer (PSA) (Male Only)
+ Urine Routine Examination	
+ Stool Analysis	Parasites & Occult Blood
+ Serology	VDRL, HIV 1 & 2
11. Dietary Analysis & Assessment by Registered Dietitian	
12. Doctor Explanation of Report & Personalized Recommendation	

* Package includes one meal, either breakfast or lunch.

Package Charge(s)	Male	Female
By General Practitioner	\$17,550	\$20,550

Appointment and Enquiries

For further information, please contact us on 3651 8789, email cohealth@hkah.org.hk or visit our website at www.hkah.org.hk

Important Information

Hong Kong Adventist Hospital - Stubbs Road reserves the right to update the fee schedule, brochure, terms and conditions. Any change of fee schedule will be announced and notices will be published in advance, in accordance with the statutory notice period. Any other changes except the fee schedule may be made at any time as it sees fit without prior notice, you are advised to check the latest information before using our services.

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尊貴身體檢查

1. 詳細病歷評估及身體檢查	
2. 量血壓	
3. 體質指數分析	
4. 視力檢查，由醫護人員主理	
5. 運動心電圖及心電圖	
6. 肺功能測試	
7. 子宮頸抹片檢查 (只限女性)	
8. 尿流速測試 (只限男性)	
9. 放射診斷檢查	肺部X光檢查，全腹腔 (膽、肝、腎、胰、脾和盆腔) 超聲波掃描，乳房超聲波掃描 (只限女性)，2D 乳房造影 (只限女性)
10. 化驗室檢驗包括：	
+ 全套血球計算	
+ 血沉降率	
+ 腎功能	肌酸酐，血尿素氮
+ 電解質	鈉，鉀，氯，磷，鈣，鐵
+ 肝功能	全套膽紅素，直接膽紅素，間接膽紅素，谷草轉氨酶，谷丙轉氨酶，鹼性磷酸酶，GGTP
+ 乙型肝炎檢測	抗原，抗體
+ 蛋白質分析	全蛋白，白蛋白，球蛋白，白蛋白與球蛋白比值
+ 甲狀腺功能	促甲狀腺素
+ 血脂分析	總膽固醇，高密度脂蛋白膽固醇，低密度脂蛋白膽固醇，三酸甘油脂，總膽固醇 / 高密度脂蛋白膽固醇比值
+ 糖尿病檢測	空腹血糖
+ 痛風檢測	尿酸
+ 腫瘤指標測試	肝癌 (甲型胎兒蛋白)，前列腺癌 - (前列腺特異抗原) (只限男性)
+ 尿液常規檢查	
+ 糞便分析	寄生蟲及隱匿的血液
+ 血清學分析	梅毒測試，一型及二型人類免疫缺乏病毒
11. 健康飲食專業評估及指導，由註冊營養師主理	
12. 醫生解釋報告及提出個人化建議	

* 計劃已包括早餐或午餐。

套餐收費	男性	女性
普通科醫生	\$17,550	\$20,550

預約及查詢

如欲進一步查詢，歡迎致電(852) 3651 8789，或電郵至cohealth@hkah.org.hk，亦可瀏覽本院網站 www.hkah.org.hk。

注意事項

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2025/05 修訂