Comprehensive Care of the Elderly

The Physician’s Banquet 2015

Transurethral Resection of the Prostate

Automatic Capture of Colonoscopy Video

Moving into the New Building

Woman of Hope Award 2015
Contents

1  CEO MESSAGE
2  MEDICAL NEWS
   SR  Comprehensive Care of the Elderly
3  PHYSICIAN’S CORNER
   Profile of Our New Doctors at HKAH
4  HOSPITAL NEWS
   AH  Updated Admission Rights
   SR  Women’s Health Center
   TW  Transurethral Resection of the Prostate
   TW  Renovation of the Old Wing Starts Soon
7  TW  Capture for Colonoscopy Videos
   AH  Follow Us on Facebook
8  EVENT HIGHLIGHTS
   AH  The Physician’s Banquet 2015
9  CHARITY EVENTS
   HKF  Women of Hope Awards 2015
10 HKF  Rings of Hope
11 HKF  Appreciation to Dr Levi Lee
12 FORTHCOMING EVENTS
   TW  Hong Kong Adventist Hospital – Tsuen Wan
   TW  New Building Opening Ceremony
   TW  Partnering for Community Development

» PULSE – September | October
During a time of unprecedented transformation in today’s global healthcare industry, we continue to navigate through constant change and challenge. There is a myriad of hospitals that are working hard to attract high quality medical professionals and to live up to high international standards. Our hospital is not alone in this endeavor. Yet, I must admit that we are doing an outstanding job to continue to improve and to keep our commitment to high quality service for the benefit of our patients and community.

It is a great pleasure to look back on this past year of successful development and feel proud about what we have achieved and feel excited about the future.

In September 2015, Hong Kong Adventist Hospital - Tsuen Wan hosted the Presidents’ Council of the Adventist Health Care Association (AHCA) in Hong Kong. We made significant strides with 11 member hospitals from the Northern Asia-Pacific Division (NSD) and one associate member hospital, convening to promote a message of health to our patients, staff and communities.

We are thrilled about receiving the occupancy permit for the new hospital building in Tsuen Wan which essentially means that we will be able to move in soon. All the relevant departments have been getting organized and are gearing up to relocate to their “new home”. We cannot be more delighted about being in a brand new facility that can accommodate more patients with access to the latest technology in medical equipment to enable us to provide an even higher level of service.

This year, the Hong Kong Adventist Hospital Foundation also launched the Charity Cataract Surgery Program in October. This amazing program aims to provide 200 cataract surgeries to disadvantaged elderly patients aged 65 or over by providing pre- and post-operative consultations and cataract surgery free of charge. Not surprisingly, we received very positive and welcoming public response on the program.

Lastly, there are still two highly anticipated events still to take place in the remainder of the year: the new building’s Opening Ceremony and our Gala Dinner on November 17 and 26 respectively. We are truly looking forward to both these monumental events to round out what has been a year of exceptional achievement. I would like to thank you sincerely for your dedication and efforts.

Dr Frank Yeung
President / CEO
Hong Kong Adventist Hospitals – Stubbs Road and Tsuen Wan
The care of elderly patients requires team work and a very different approach called Comprehensive Geriatric Assessment. Using this approach maximizes the chance of keeping the elderly as healthy as possible and prevents and delays any conditions and complications that comes with ageing.

Medical management of elderly patients extends beyond the traditional model of merely treating the diseases of adults who are growing old, just as we do not treat pediatric patients as if they are simply miniature adults. The main reason lies in the concept of frailty which comes with later life decline and vulnerability characterized by weakness and decreased physiologic reserve. As a result, elderly people are less adaptive to acute stressors such as trauma or infection, and they may end up in a more severe disease state and suffer a greater decline in health than expected.

Moreover, most of the time, the elderly patients may not have classical presentations that can be fitted into the conventional diagnostic medical model. On the contrary, they may have atypical or non-specific presentations like falls, incontinence, loss of mobility, or acute confusion.

Taking a different approach

Therefore a different assessment approach called comprehensive geriatric assessment (CGA) has been developed to take into account these differences with the aim of improving diagnosis and management planning to prevent or delay any complications.

CGA is defined as a diagnostic and management process that identifies medical, psychosocial, and functional limitations of a frail older person in order to develop a coordinated plan to maximize overall health with aging. It can be conducted in various clinical settings including acute in-patients, post-hospital discharges, out-patient clinics, in-patient consultations, and even home visits. Various favorable outcomes, including mortality and morbidity reduction, functional decline prevention, and better social and physical functioning are observed in various studies.
In general, it is applicable to most elderly patients except for those who are too healthy or too sick to benefit. Some particular groups are more likely to benefit such as those with conditions such as organ failure or cancer, psychosocial disorders like depression or isolation, specific geriatric syndromes such as dementia, or those who have suffered falls or functional disability or have previous or predicted high health care utilization.

**Team work**

The range of health care professionals working in the assessment team varies according to the services available. In many settings, the CGA process relies on a core team consisting of a geriatrician and a nurse, and, when appropriate, draws upon an extended team of physical and occupational therapists, dietitians, pharmacists, psychiatrists, psychologists, dentists, audiologists, podiatrists, opticians, and social workers.

Core components of CGA include functional capacity, fall risk, cognition, mood, polypharmacy, social support, financial concerns, goals of care, advanced care preferences, nutrition and weight change, urinary continence, vision and hearing, dental condition, living situation, and spirituality.

Modifications of CGA to cover special patient groups, such as those with orthopaedic fractures or newly diagnosed cancers, can be developed over time and have promising results. Very elderly people can also benefit by incorporating primary and secondary prevention measures to maximize the quality and prolong life.
Dr WONG Sung Man, Heidi
Specialist in General Surgery (Breast Surgery)

SCOPE OF SERVICE
Breast cancer diagnosis and multidisciplinary care | Diagnostic ultrasound, fine needle aspiration and core biopsy | Image-guided surgery, such as intra-operative ultrasound, hook wire or radioisotope localization. | Oncoplastic surgery, sentinel node biopsy, and breast reconstructions | Minimally invasive surgery such as cryotherapy | Breast cancer screening, risk assessment, and prevention.

STRENGTHS
Breast surgery | Thyroid and parathyroid surgery | General, gastrointestinal, and laparoscopic surgery (gall bladder, hernia, and appendix). | Gastroscopy and colonoscopy

CREDENTIALS
MBBS (NSW) | FRACS | FHKAM (Surgery)

HOBBIES AND INTERESTS
Bush walking, tai chi, ballroom and Latin dancing, and various outdoor activities.

Dr LAM Man Fai
Specialist in Nephrology

WHAT WOULD YOU LIKE TO SHARE WITH US?
It is a great pleasure for me to have the opportunity to work at Adventist Hospital and I look forward to meeting you all.

SCOPE OF SERVICE
Managing electrolytes disturbance | Dialysis and kidney transplants | Treatment of proteinuria and glomerulonephritis | Renal biopsy | Haemodialysis catheter insertion and intensive care unit renal support

STRENGTHS
Treatment to avoid reaching end stage renal failure | Treatment of acute kidney injury and glomerulonephritis

CREDENTIALS
MBBS (HKU) | MRCP (UK) | FHKCP | FHKAM (Medicine) | PDipID (HK) | FRCP (Edin) | FRCP (Glasg)

HOBBIES AND INTERESTS
Watching movies, playing basketball, and hiking.
Dr LUI Hang Wai, James
Specialist in Anaesthesia

WHAT WOULD YOU LIKE TO SHARE WITH US?
Experience of living and working in Australia. Travelling in campervan or caravan.

SCOPE OF SERVICE
General anaesthesia | Regional anaesthesia

STRENGTHS
All aspects of providing anaesthesia for surgical patients, especially anaesthesia for day surgery. | Anaesthesia for endoscopic procedures

CREDENTIALS
MBBS (USyd) | FANZCA | FHKCA | FHKAM (Anaesthesia)

HOBBIES AND INTERESTS
Remote real time and recorded access to television programmes between Australia and Hong Kong, cycling.

Hong Kong Adventist Hospital

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anaesthesiology</td>
<td>Dr LI Ching Fan, Carina</td>
</tr>
<tr>
<td>Clinical Oncology</td>
<td>Dr SO Ping Fai, Peter</td>
</tr>
<tr>
<td>Gastroenterology &amp; Hepatology</td>
<td>Dr TONG Wai Hung, Raymond</td>
</tr>
<tr>
<td>Gastroenterology &amp; Hepatology</td>
<td>Dr WONG Sai Ho</td>
</tr>
<tr>
<td>Infectious Diseases</td>
<td>Dr TSANG Kay Yan</td>
</tr>
<tr>
<td>Internal Medicine</td>
<td>Dr CHAN Chun Chung</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynaecology</td>
<td>Dr HO Ka Wai</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynaecology</td>
<td>Dr YAU Pui Kei, Stephanie</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr FOK Wai Ming</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr LAM Cheung Hing, Eric</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr LIE Wai Hung</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr MAK Wai Yin</td>
</tr>
<tr>
<td>Otorhinolaryngology</td>
<td>Dr LO Dick Chung, Stephen</td>
</tr>
<tr>
<td>Paediatrics</td>
<td>Dr WONG Ngai Wing, Maria</td>
</tr>
</tbody>
</table>

Tsuen Wan Adventist Hospital

<table>
<thead>
<tr>
<th>Specialty</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anaesthesiology</td>
<td>Dr TAM Tak King</td>
</tr>
<tr>
<td>Clinical Oncology</td>
<td>Dr CHEUNG Foon Yiu</td>
</tr>
<tr>
<td>Clinical Oncology</td>
<td>Dr SO Ping Fai</td>
</tr>
<tr>
<td>Gastroenterology &amp; Hepatology</td>
<td>Dr WONG Sai Ho</td>
</tr>
<tr>
<td>General Practice</td>
<td>Dr LAI Tat Chau</td>
</tr>
<tr>
<td>General Practice</td>
<td>Dr WONG Wai Man</td>
</tr>
<tr>
<td>General Practice</td>
<td>Dr LAU Chun Yin</td>
</tr>
<tr>
<td>General Surgery</td>
<td>Dr LAI Cheuck Seen</td>
</tr>
<tr>
<td>Infectious Disease</td>
<td>Dr TSANG Kay Yan</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynaecology</td>
<td>Dr SUEN Sik Hung</td>
</tr>
<tr>
<td>Obstetrics &amp; Gynaecology</td>
<td>Dr YAU Pui Kei</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr KWOK Hau Yan</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr KWOK Ken</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr LEUNG Hon Bong</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr LIE Wai Hung</td>
</tr>
<tr>
<td>Orthopaedics &amp; Traumatology</td>
<td>Dr MAK Wai Yin</td>
</tr>
<tr>
<td>Paediatrics</td>
<td>Dr CHAN Keung Kit</td>
</tr>
</tbody>
</table>
Women’s Health Center

This year, Hong Kong Adventist Hospital – Stubbs Road established the Women’s Health Center to provide comprehensive care to women in various life stages. Located on the ground floor, the center is led by an experienced team of obstetric and gynaecological experts and medical staff, and is equipped with leading-edge technology and equipment. The center also offers extended services in obstetrics, maternal-fetal medicine, and infertility assessment and treatment.

Transurethral Resection of the Prostate

In the third quarter of 2015, Hong Kong Adventist Hospital – Stubbs Road began offering packages for transurethral resection of the prostate (TURP). TURP is the most frequent surgery performed for benign prostatic hyperplasia, a common prostate disorder and degenerative disease among older men in Hong Kong.

The package includes fees for pre-procedure examination, the actual procedure, in-patient care, anaesthetist services, operating room services, laboratory use, standard anaesthetic medication, post-operative medication, and accommodation (four days).

Referrals by physicians and other healthcare professionals are welcome, and patients may also contact us directly.
Renovation of the Old Wing Starts Soon

The Paediatric Unit, Obstetric Unit, and Out-patient Department will be the first three departments to be relocated to the new building this year, followed by the renovation of the Old Wing. The Buildings Department has already carried out an occupancy permit inspection – only minor comments were made, and all issues were rectified by the end of August. The occupancy permit has been received in October.

With the understandable concern regarding water quality, the water of both the new and old wings was tested for heavy metal elements such as lead, cadmium, chromium, and nickel. The results received in September indicated that the drinking water was compliant with national guidelines.

Capture for Colonoscopy Videos

With the implementation of the EndoCapture system at Hong Kong Adventist Hospital – Tsuen Wan, physicians no longer have to manually start and stop a video capturing program during colonoscopy procedures.

The new system enables clinicians to capture high-definition images and also allows for customized interfaces with the clinical management system for easier retrieval of patient records. High-definition images may be captured using one of the preset control buttons on the endoscope during examination, and the information is then securely stored centrally for analysis.

Follow Us on Facebook

The Hong Kong Adventist Hospital – Stubbs Road launched its official Facebook page in August. Followers of the page may now receive the latest information on promotions and medical news from both Hong Kong Adventist hospitals. Show your support by liking or sharing our page!
The Physician’s Banquet 2015

The annual Physician’s Banquet was held in July at the Renaissance Hong Kong Harbour View Hotel. Over 150 physicians and staff members from both hospitals gathered for an elegant evening where we welcomed new physicians joining the Adventist family and thanked existing members for their many contributions and accomplishments.

FROM TOP TO BOTTOM

» Chorus by the administration of Hong Kong Adventist Hospitals, including (from left to right) Pr James WU, Mr Alfred CHOO, Dr Buddy WONG, Ms Rachel YEUNG, Dr Kenneth HO, Mr Alex LAN, Dr Frank YEUNG, Dr Stephen WU, Dr CHAN Lung Wai, Mr Arthur WONG, and Mr Stirling LAU.

» Dr Sam HO (first left), Dr Anthony TANG (fourth left) and his family.

» (From left to right) Dr Frank YEUNG, Dr Henry KWAN, and Ms Rachel YEUNG.

» Dr Sally YIU (left) and her fiancé, and Dr Frank YEUNG (middle).

» (From left to right) Ms Carmen NG, Dr Kenneth CHAU, Dr Frank YEUNG, Dr CHAN Lung Wai, and Ms May CHAN.

» Dr Patrick KO (second left) and Mrs KO (left)
Recognition of a Loyal Physician

Dr Monty Lee was recognized for over 25 years of service, and for his outstanding contributions and achievements in a variety of healthcare-related areas at Hong Kong Adventist Hospital – Tsuen Wan.

» A pewter plate is presented to Dr Monty LEE (center) by Dr Frank YEUNG (second left)
The Superstars of Adventist

The singing contest rocked the banquet! Six great contestants competed live in front of an eager audience of over 150 attendees.

FROM TOP TO BOTTOM
» Dr David MAN, winner of the “Most Charming” award.
» Dr Peter PANG, winner of the “Most Touching” award.
» Dr Eddie CHEUNG, the crowd favorite of the evening, wins the “Best Vocal” award after a live vote.
» The audience shows their support and appreciation by waving their mobile phone flashlights during Dr Eddie CHEUNG’s performance (pictured: Dr CHAN Lung Wai’s family)
» Dr CHOW Kwan Lung, Dr CHAN Lung Wai, and Mr Stirling LAU earn the “Best Performance” award.

Adventist Kids Got Talent

Five lovely and talented kids inspired that night by their piano solo or dancing performances.

FROM TOP TO BOTTOM
» Austin, Dr CHOW Kwan Lung’s 5-year old son, steals the show.
» Luca, Dr Matthew WONG’s 5-year old son, performs a piano solo.
» Sarah, Dr CHUNG Shiu Shek’s daughter, shows off her talent on the piano.
» Alicia (right), Dr August FOK’s daughter, and her friend, Emily (left), are cheered on by fellow Adventist children.
» Dr CHAN Lung Wai’s kids, Victor and Alvina, are the guest masters of ceremonies.
Memorable Moments

ROW 1
» Thomas the train is one of the most popular characters among the kids that night!

ROW 2
» The creative balloon art is well received by both adults and kids
» My Melody also makes an appearance

ROW 3
» String quartet, Cool Velvet Strings, provides beautiful music on the evening.

ROW 4
» Masters of ceremonies this year, Mr Vernon NG and Ms Jenny LIU.
Women of Hope Awards 2015

The second annual Women of Hope awards luncheon honored eight successful women from various industries and raised awareness for the Hong Kong Adventist Hospital Foundation’s Cancer Fund. Held at The Hong Kong Jockey Club Hall in June, the event included testimonials from cancer survivors and an awards presentation for the eight honorees.

Among the award recipients was Ms Fiona Kotur-Marin, who received the Global Champion award. Also in attendance were Ms Yolanda Choy-Tang, Ms Anne Wang-Liu, Ms Sharie Ross-Tse, Ms Leigh Tung-Chou, and Ms Claudine Ying. The Women of Hope Awards was established in 2014 to recognize Hong Kong’s influential women who tirelessly champion social justice for women, children, and our community, as well as those who make a difference in our city with their ability to create, inspire, and offer hope both at home and abroad.

All proceeds raised from this event will help further the work and reach of the HKAHF Cancer Fund, helping the sick who do not have the financial means for costly treatments (such as positron emission tomography, computed tomography, and magnetic resonance imaging) or access to leading treatment centers such as the Hong Kong Adventist Oncology Center.
Rings of Hope
Damiani partners with HKAHF to launch the Gomitolo Collection for Women of Hope

Renowned Italian jewelers Damiani joined Hong Kong Adventist Hospital Foundation (HKAHF) to launch the Gomitolo collection for Women of Hope in July. The Foundation’s Women of Hope campaign raises funds for humanitarian and charitable projects throughout the region. A portion of the proceeds from the sale of the Gomitolo Women of Hope collection will be donated to the HKAHF Cancer Fund to benefit underprivileged children.

The collection consists of matching rings and bracelets presented in classic sterling silver, black, and rose gold. Originally created in the late 1980s, the Gomitolo collection has become one of Damiani’s signature collections with its soft lines and interwoven bands that form an imaginary knot.

Appreciation to Dr Levi Lee
Note of Appreciation from Dr Jacob Fan to Dr Levi Lee, Member, Board of Governors, Hong Kong Adventist Hospital Foundation

Dr Levi Lee has served as my parents’ physician for over 30 years. During this time, he has proven to be not only an excellent medical practitioner but also a kind and compassionate caregiver. Our family was always grateful for Dr Lee as he would go out of his way to regularly visit my father while he was hospitalized, giving him peace of mind knowing that his doctor was on the team caring for him. Dr Lee's patience and graciousness over the years greatly comforted my father, truly making him a one-of-a-kind physician. My family and I are extremely thankful to have had Dr Lee care for my father and to have him continue to care for my mother today.

DONATE TODAY
Your benevolence not only makes a significant difference to our beneficiaries but also opens doors that they never imagined possible!

WEBSITE: www.hkahf.org.hk
FACEBOOK: HongKongAdventistHospitalFoundation
Partnering For Community Development
Join us at our upcoming gala dinner

This year’s annual fundraising gala dinner for Hong Kong Adventist Hospital – Tsuen Wan is just around the corner and we are excitedly preparing to make this our finest, most successful event yet. Organized by hospital teams, the gala dinner has historically been one of our largest fundraisers and its success is instrumental in continuing our innovative programs and support services. The proceeds of the event will go towards medical treatment for needy people who suffer from heart disease or cancer. Mr Cheung Kin-chung, Matthew, GBS, JP, Secretary for Labour and Welfare will be our guest of honour.

WHEN: Thursday, November 26, 2015
WHERE: Grand Ballroom, 7/F, L’hotel Nina et Convention Centre
ENQUIRIES: gary.ching@twah.org.hk or (852) 2275 6980

Your donation to the hospital’s charitable community programs will go a long way towards making a difference in someone’s life. We thank you in advance for your generosity and look forward to seeing you on November 26!

DONATE FOR A BRIGHT FUTURE
Your generosity will contribute to the development of Hong Kong Adventist Hospital – Tsuen Wan. Its new building will extend its scope of services and help more patients with diversified needs. Contact us and donate now!

TEL: (852) 2275 6980 (Mr Gary CHING) EMAIL: gary.ching@twah.org.hk